



SOCIAL AND WELLBEING GROUP

COMMUNITY GRANT PRESENTATION



- Peasedown Social and Wellbeing Group was set up originally by Sirona a few years ago now, to bring together people from all walks of life to help combat depression, poor mental health and loneliness etc in the local area. To create a safe place for anyone to come have a coffee/tea biscuits and be able to share and discuss problems bothering them.
- The group has since evolved more towards a social outlet with a close network of friends that is there when you need it.
- During our meetings we give support to those who may need us, help if we can, give advice when wanted. We do different types of craft work and chat whilst our fingers are busy. We have in the past had adult learning courses to learn new skills.
- We try to have outings at least twice a year, in the summer somewhere interesting and a Christmas Meal. For those of us fully jabbed and covid free gelled up to our elbows and bearing masks we were able to attend a Christmas meal.
- During Summer 2021 our group were able to meet again indoors on a Tuesday but due to availability we needed to move location to the Hive, so still supporting local places.
- We are mostly self-funded as all members pay a subscription fee of £2 for each session held in the Acacia room at the Hive, however where possible we apply for outside grants such as from the Parish Council, The Community Trust and Party in the Park, in addition to occasional anonymous donations.
- We spend our money on hall hire, refreshments for the group and craft supplies, as well as saving for the bi-annual trips.

- During the last year our group remained in contact with each other whether it be through WhatsApp or the phone buddy system to those members without WhatsApp.
- It was a hard decision for us as a group to move from Beacon Hall to the Hive. Fortunately, although having to move times, the Hive was able to offer us the Acacia room so we could continue meeting on Tuesdays each week.
- Unfortunately one of our members became very unwell and after having a long stay in hospital it was decided she should move into a nursing home in Radstock, we remain in contact with her and are pleased after not being able to see her due to Covid for so long that the restrictions have been lifted and we can visit with her once again. At the moment we are in the process of creating a blanket for her, to keep her warm and remember us by.



- There have been various craft works going on since we started meeting again, personal and group ones.
- The W. I. asked our group to help with crocheting and knitting all 3 colour poppies for their amazing project. We were very happy and proud to help.
- One of our ladies crocheted a honeycomb for the Hive which is being framed.
- Painting by numbers has been a success with many members still completing their pictures. Recently we had stalls at the Hive fete featuring items made by our group to try to boost funds.
- We have had new members join, one seeing our information in the Parish Council Newsletter. Newcomers are always welcome.
- Members have been supporting initiatives at the Hive to raise money for Ukraine by making crocheted blue and yellow pins and making cakes for their sale.



Looking Forward

- With the awful atrocities going on in Europe at the moment our group will be looking for ways to help those unfortunately misplaced and in need.
- With this being the year of the Platinum Jubilee, group members have made patriotic colour brooches and bracelets for sale. We plan to have a stall at Party in the Park this June.
- We hope to go on a days outing this summer, as yet, undecided destination, but might include a cream tea.
- More blankets and scarves will probably be made to help the homeless. Hopefully we may be able to do a craft course again similar to those we did in conjunction with the college before Covid knocked us all for six.
- As always - These times are certainly highlighting how important and necessary groups like ours are, as lifelines for members of the local community.
- Our meeting time is 11.30 - 13.30 every Tuesday in the Acacia room at the Hive.

Dianne Bird, Chair
Peasedown St John Social and Wellbeing Group

